

# West Texas Cardiac Symposium

**“Multidisciplinary Collaboration toward Perfect Care”**

Saturday October 15, 2011

7:00am-2:30pm

Covenant Knipling Education Center

21<sup>st</sup> Street and Louisville, 6<sup>th</sup> Floor of west parking garage

Directly Sponsored by Covenant Health System

## GOAL/PURPOSE STATEMENT

Studies reveal dramatic improvements in patient outcomes when a comprehensive effort is made to find and implement the latest evidence based practice. This program will enhance the practice of Registered Nurses and Physicians by presenting innovative and collaborative approaches that may optimize that effort.

## TARGET AUDIENCE

Physicians, Nurses, Nurse Practitioners, Pharmacists, Pharmacy Technicians, Radiologic Technologists, Registered Cardiovascular Invasive Specialists, CV Technicians

## OBJECTIVES

At the conclusion of this activity, participants will be able to:

- Present scientific evidence to support induced hypothermia as a standard of care for cardiac arrest with ROSC.
- Demonstrate how established evidence on therapeutic hypothermia can be integrated into a city-wide plan for Resuscitation Centers.
- Discuss how the latest evidence based practice facilitates collaboration of pre-hospital and hospital resources to streamline assessment and intervention strategies.
- Describe how collaboration, creativity, and commitment can take evidence based practice all the way to optimal outcomes in heart failure management.
- Describe the benefits of a collaborative model for ultrafiltration therapy that is nurse-driven.

## CREDIT

### **Physicians: 5.5 AMA PRA Category 1 Credits™**

Covenant Health System is accredited by the Texas Medical Association (TMA) to provide continuing medical education for physicians. Covenant Health System designates this live activity for a maximum of 5.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **Nurses: 5.0 contact hours**

Covenant Health System is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

### **Radiologic Technologists:**

Approved by TSRT for 5.0 Direct Credits for TDSHS-MRT Requirements. 5.0 Category A Credits for AART Requirements (9TDSHS-MRT Card Holders).

### **Pharmacists: 5.0 Contact Hours**

The Texas Society of Health-System Pharmacists is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This Knowledge-based continuing professional education program (0156-9999-11-114-L01-P) provides up to 5 contact hours (0.5 CEUs) of continuing pharmacy education for pharmacists. To receive a Statement of Participation, a program evaluation form, and a program evaluation form, and participating in all sessions or certain combinations of sessions which have been designed as a program package must be completed and turned in at the end of the program must be completed and turned in at the end of the program.



**Covenant**  
**Health System**



**Accredited Cycle III Chest Pain Center**  
**Certified Primary Stroke Center**



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## AGENDA

- 7:00-8:00      **Registration and Light Breakfast, Exhibits and Posters**
- 8:00-8:20      **Opening Remarks**  
*Patty Freier, BSN, RN-BC, RCIS, CMC Chest Pain Center Coordinator*
- 8:20-9:20      **“Induced Therapeutic Hypothermia: Protocols and Community Implementation”**  
*Jay Lance Kovar, MD, FACEP*
- 9:20-10:10     **“Therapeutic Hypothermia: The Austin Experience and How West Texas Can Contribute”**  
*Matthew Hall, MSII, NREMT-P, TTUHSC School of Medicine*
- 10:10-10:30    BREAK (Exhibits and Posters)
- 10:30-11:20    **“Pre-Hospital and Hospital Care of the Acute Stroke Patient”**  
*Tim Smith, BSN, RN, CHS Stroke Center Coordinator and Ahmad Sabouni, MD*
- 11:20-12:00    LUNCH (provided) Exhibits and Posters
- 12:00-1:20     **“A Collaborative Approach to Chronic Disease Management...Heart Failure”**  
*Jason Bradley, MD, FACC, and Susan Barnes, RN & QI Specialist*
- 1:20-1:30      BREAK (Exhibits and Posters)
- 1:30-2:20      **“Optimizing Ultrafiltration Therapy”**  
*Joel D. Starnes, III, MD, Ph.D. and Melba Hanlon, BSN, RN*
- 2:20-2:30      Wrap Up and Evaluation

## FEATURED SPEAKER

**Jay Lance Kovar, MD, FACEP** is an Emergency Physician at Conroe Regional Medical Center Hospital, Memorial Hermann The Woodlands Hospital, Tomball Regional Medical Center, St Luke’s Community Medical Center The Woodlands, and First Choice ER. Dr. Kovar is also Medical Director of Montgomery County Hospital District EMS and PHI Air Medical Services Texas. He serves as Director of Medical Education at Lone Star Cy-Fair College EMT Program and Lone Star Montgomery Co EMT Program, as well as Associate Medical Director Tomball Regional Emergency Physicians.

## HOW TO REGISTER

Register for educational credit at: <http://cmetracker.net/CHS/>

Make online payment at: <http://www.covenanthealth.org/view/Donate>

### REGISTRATION

West Texas Cardiac Symposium – Saturday October 15, 2011

**Registration Fees: Physicians \$60, Nurses \$40, All other Attendees \$40**

PLEASE PRINT

NAME: \_\_\_\_\_ CREDENTIALS: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIPCODE: \_\_\_\_\_

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Make checks payable to Covenant Health System

Mail to:  
Covenant Foundation  
3623 22<sup>nd</sup> Place  
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